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Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (Currently amended): 1. A method of treating and alleviating human afflictions, ailments and diseases holistically by application of magnetism to a plurality of treating regions of the trunk of a person being treated in such way to bring the body meridian systems into a balance and harmony, the method comprises the steps of:

providing magnet means having at least one north pole surface adapted for application to the said plurality of treating regions of the trunk, said north pole surface being in direct contact with the surface of said trunk;

designating at least three treating regions of the a total treating region to the trunk having a total size of about 1204 square inches, covering about 28" x 43" of a the total trunk region all the way around said trunk, said total treating region being divided into at least 3-sub-first, second and third treating regions, according to shape of the trunk and meridian balance structure;

applying the north pole surface of <u>said</u> the magnet <u>means</u> to at least one of the plurality of <u>said</u> treating regions of the trunk, the <u>said</u> magnet <u>means</u> having a size and shape appropriate to cover at least part of <u>one of said</u> one of the treating regions of the trunk; and

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maintaining the <u>said</u> magnet <u>means</u> in contact with the at least one of the <u>said</u> treating regions of the trunk for a period of 15 to 180 minutes to heal and relieve afflictions, wherein the total flux of the <u>said</u> magnetic means applied to the at least one of the <u>said</u> treating regions of the trunk being in the range from about $\frac{3000}{1000}$ - $\frac{250,000}{1000}$

- 2. (previously presented): The method of claim 1, further including the step of repeating the application of the magnet means for at least one additional period of time.
- 3. (original): The method of claim 1, further comprising repeating the time period for treatment at least once in a 24 hour period in an interval of about 2-10 hours in accordance with treatment progress.
- 4. (currently amended): The method of claim 1, further including: applying the magnet means to said first, second and third each region of the plurality of treating regions, said first treating region representing A for the chest and upper back part, B for said second treating region representing the upper abdominal and middle back part and C for said third treating region representing the lower abdominal and lower back part of the trunk.

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5. (currently amended): The method of claim 1, further including applying the magnet means to <u>said</u> the plurality of treating regions in the order of A for chest and upper back region and B for upper abdomen and middle back region, C for lower abdomen and lower back region, or in reverse order.

6. (currently amended): The method of claim 1, further including <u>first</u> applying the magnet means <u>first</u> to <u>one selected area of the said first</u> treating <u>regions</u> region of the trunk of the person and then applying the magnet means to <u>the other selected area of the said second</u> treating <u>regions</u> region of the trunk of the person.

7. (canceled)

- 8. (currently amended): The method of claim 1, further including applying the said magnet means to said first and second treating multiple regions of the trunk of a person concurrently.
- 9. (currently amended): The method of claim 1, further including applying the magnet means to all said first, second and third treating regions of the trunk of a person concurrently.

10. (canceled)

11. (canceled) 12. (canceled) 13. (canceled) 14. (canceled) 15. (canceled) 16. (currently amended): The method of claim 1, wherein the total flux of the magnet applied to said first, second and third each one of the plurality of treating regions of the trunk of the person is substantially equal. 17. (canceled) 18. (canceled) 19. (canceled)

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20. (currently amended): The method of claim 1, further comprising applying the said magnet means to the said first, second and third treating region or regions concurrently by disposing the magnet in horizontal order all the way around the trunk in parallel to a horizontal waist line of the trunk so that all the meridians disposed in the trunk of the body are treated simultaneously and equally in balance for a balanced treatment.

21. (currently amended): The method of claim 1, further comprising applying the said magnet means to said first, second and third treating the treating region or regions concurrently by disposing said magnet means the magnet or magnets in horizontal order all the way around the trunk in parallel to a horizontal waistline of the trunk so that all the meridians disposed in the trunk of the body are treated simultaneously and equally in balance for a balanced treatment.

22. (currently amended): The method of claim 1, further comprising applying multiple magnet means magnets to the said first, second and third treating region or regions concurrently by disposing said magnet means the magnets evenly, spaced apart, at an equal distance, throughout a region or said treating regions so that all parts of the treating regions of the trunk of a person are treated equally with total magnetic flux for a balanced treatment.

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23. (currently amended): The method of claim 1, further comprising applying additional magnets magnet means of substantially equal total flux to the said first, second and third treating regions of the trunk of the person for a balanced treatment.

24. (currently amended): The method of claim 1, further comprising applying the said magnet means consecutively or at intervals to said first, second or third selected treating regions of the trunk of the person for equal time periods for a balanced treatment.

25. (currently amended): The method of claim 1, further comprising substantially covering the entire <u>surface plurality</u> of <u>said first</u>, <u>second and third</u> treating regions of the trunk with the north pole surface of <u>the said</u> magnet <u>means</u>.

26. (canceled)

- 27. (currently amended): The method of claim 1, further comprising partially covering the surface of said first, second and third each of the treating regions of the trunk with the north pole surface of the said magnet means.
- 28. (currently amended): The method of claim 1, further including maintaining contact of the magnet means for a time period sufficient for the person to produce a pain mitigation and relief from ailing part of the body.

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29. (currently amended): The method of claim 1, further including providing disposing retaining means for holding the said magnet means to the trunk to provide effective contact of the north pole surface of the said magnet means with the trunk.

- 30. (canceled)
- 31. (canceled)
- 32. (canceled)